



KIHON TRACKSUIT

		4XS	3XS	2XS	XS	S	M	L	XL	2XL	3XL	4XL	
JACKET	1	WIDTH	15	16	17	18	20	21	21.5	22.5	24	25	26
	2	LENGTH	20	20.5	21	22	22.5	23	24.5	25	26	26.5	27
	3	ARM	25	26	27	29	29.5	31	32	33	33.5	34.5	35.5

PANTS	4	WAIST	11	12	12.5	13	14	15	16.5	17	18	18	19
	5	LEG WIDTH	9	9.5	10	11	12	13	13.5	14	14.5	15	15.5
	6	INNER LENGTH	20	23	25	25.5	27	27.5	28	29	30	31	32
	7	OUTER LENGTH	30	31	33	35.5	37	38	39	39.5	40	41	41.5

MEASURING INSTRUCTIONS

1. For accurate ordering, please compare the chart above with measurements of a current tracksuit you wear
2. Lay your jacket and pants flat on a surface, back side facing up
3. Measure left to right for **Width**
4. Measure from middle of collar to the bottom of the jacket for **Length**
5. Measure from middle of collar to the end of the sleeve for **Arm Length**
6. Measure your tracksuit pants **Waist** from left to right for width
7. measure your tracksuit pants leg at widest part, from left to right for **Leg Width**
8. Measure from seam to end of pants, on inner side of pants for **Inner Length**
9. Measure the outer side of the pants for **Outer Length**
10. Then compare your measurements to the chart

Please note: Chart measurements are in Inches